

POOL OF DISCIPLINE SPECIFIC ELECTIVES

DISCIPLINE SPECIFIC ELECTIVE COURSE – (DSE-4) BIOCHEMICAL MECHANISMS AND RESPONSES IN PLANTS

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Biochemical Mechanisms and Responses in Plants (BCH-DSE-4)	04	02	00	02	Class XII with Science and Biology	Basic courses allied to biological sciences

Learning Objectives

The course aims to provide thorough understanding of metabolic processes in plants and the role of different biosynthetic pathways in growth and development of plants. The course will also impart basic concepts and applications of plant secondary metabolites.

Learning outcomes

On successful completion of the course students will be able to:

1. Describe the structure and function of plant cell organelles in plant metabolism.
2. Explain the various plant biochemical processes and metabolic pathways including photosynthesis, photorespiration, nitrogen fixation and assimilation and plant secondary metabolism and their biological significance.
3. Discuss the role of plant hormones in plant growth and development.
4. Evaluate the various plant responses to different abiotic and biotic stress conditions.
5. Plan and execute plant tissue culture.

SYLLABUS OF DSE-4

BCH-DSE-4 : BIOCHEMICAL MECHANISMS AND RESPONSES IN PLANTS Semester – VI

2.2 Course Contents

Theory (Credits – 2)

Unit I: Photosynthesis and Respiration

Total Hours : 30
(8 Hours)

Introduction to Plant cells, Cell wall, Vacuole and Tonoplast membrane, Plastids and Peroxisomes. Overview to photosynthesis and Carbon assimilation, Light reaction and photosystems, Cyclic and non-cyclic photophosphorylation, Calvin cycle and its regulation, C4 cycle and Crassulacean acid metabolism (CAM), Photorespiration. Photoinhibition. Glycolytic pathway and its alternative reactions in plants, Translocation of metabolites across mitochondrial membrane, TCA cycle, electron transport chain in plants, alternative NAD(P)H oxidative pathways.

Unit II: Nitrogen metabolism

(7 Hours)

Nitrogen cycle; Biological nitrogen fixation; Structure and function of Nitrogenase complex. Nitrate assimilation: Nitrate and Nitrite reductase. Primary and secondary ammonia assimilation in plants; ammonia assimilation by glutamine synthetase-glutamine oxoglutarate aminotransferase (GS-GOGAT) pathway.

Unit III: Plant physiology and Secondary metabolites

(10 Hours)

Plant vascular system; Plant hormones and their role in plant growth and development; Regulation of plant morphogenetic processes by light. Plant stress responses to abiotic and biotic stresses: Water deficit, temperature, salinity, insect manifestation. Secondary metabolites: types, structure and functions of Alkaloids, Phenolics and terpenoids.

Unit IV: Plant tissue culture

(5 Hours)

Cell and tissue culture techniques, types of cultures: organ and explant culture, callus culture, cell suspension culture and protoplast culture. Plant regeneration pathways: organogenesis and somatic embryogenesis. Applications of cell and tissue culture and somaclonal variation. Germplasm storage and cryo-preservation. Brief introduction to transgenic plants.

2.3 Practical:

Credits: 2

Total Hours : 60

1. Induction of hydrolytic enzymes (proteases /amylases/lipase) in germinating wheat seeds.
2. Effect of plant hormones on plant growth (Phytochrome effects on lettuce germination/ Gibberellic acid effect on α -amylase secretion in barley seeds).
3. Extraction and assay of Urease from Jack bean.
4. Estimation of carotene/phenols/tannins in fruits and vegetables.
5. Estimation of ascorbic acid in fruits and vegetables.
6. Effect of light on chlorophyll production.
7. Separation and analysis of chloroplast proteins (Rubisco) using SDS-PAGE.
8. Plant tissue culture

2.4 Essential readings:

1. Buchann (2015). Biochemistry and Molecular Biology of plant. (2nd ed.). I K International. ISBN-10: 8188237116, ISBN- 978047 07 14218
2. Caroline Bowsher, Martin steer, Alyson Tobin (2008). Plant Biochemistry. Garland Science. ISBN 978-0-8153-4121-5.

3. Dey, P. M. and J.B. Harborne, J.B., (Editors) (1997). Plant Biochemistry. Academic Press. ISBN-10:0122146743, ISBN-13:978-0122146749. 94
4. Taiz, L. and Zeiger, E. (2010). Plant Physiology (5th ed.). Sinauer Associates Inc. ISBN-13: 978-0878938667, ISBN-10: 0878938664

3. Keywords

Plant cell, photosynthesis, respiration, nitrogen fixation and assimilation, secondary metabolism, stress biology.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.

**DISCIPLINE SPECIFIC ELECTIVE COURSE – (DSE-5)
NUTRITIONAL BIOCHEMISTRY**

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Nutritional Biochemistry (BCH-DSE-5)	04	02	0	02	Class XII with Science and Biology	Basic courses allied to biological sciences

Learning Objectives

This course provides students with knowledge and understanding of the characteristics, function, metabolism and deficiency of macro and micronutrients in the human body. It involves integrated learning between the areas of Biochemistry and Nutrition.

Learning outcomes

On successful completion of the course students will be able to:

1. Critically analyse and evaluate concepts in nutritional biochemistry that are important for an understanding of human nutrition.
2. Demonstrate the relationship between nutrition and health.
3. Discuss the macro and micronutrients and their nutritional deficiencies.
4. Describe techniques used in the assessment of nutritional status and nutritional disorders.
5. Explain drug nutrient interactions.

SYLLABUS OF DSE-5

**BCH-DSE-5 : NUTRITIONAL BIOCHEMISTRY
Semester – VI**

2.2 Course Contents

Theory (Credits – 2)

Total Hours: 30

Unit I: Introduction to Nutrition and Energy Metabolism

(4 Hours)

Defining nutrition, role of nutrients. Unit of energy, Food energy, SDA. Energy expenditure and its components, Energy Balance, Recommended Nutrient Intakes (RNI) and Recommended Dietary Allowances for different age groups.

Unit II: Macronutrients

(10 Hours)

Food sources of carbohydrates, functions of carbohydrates, RDA, Factors affecting bioavailability, Glycemic index and glycemic load. Dietary fiber and the role of fibre in health. Role of Gut microbiome in maintaining health. Role of prebiotics and probiotics in nutritive health.

Essential Fatty Acids; Functions of EFA, AI, excess and deficiency of EFA, factors affecting bioavailability. Dietary implications of ratios of n6 and n3, MUFA, PUFA and SFA, Cholesterol in the body.

Functions of proteins in the body. RDA for different age groups. Essential and Nonessential amino acids. Complete and incomplete protein, Amino Acid Interactions: Antagonism, Toxicity, Imbalance, Amino acid complementation and Supplementation in foods. Protein quality determinants NPU, Biological Value, PDCAAS, Nitrogen balance. PEM: Marasmus and Kwashiorkor.

Unit III: Fat and water soluble Vitamins

(9 Hours)

Vitamin A, D, E, K and dietary sources, RDA, Role of Vitamin A in Visual cycle and overview of other functions. Role of Vitamin K in Gamma carboxylation (blood clotting). Role of Vitamin E as an antioxidant. Role of Vitamin D in maintenance of bone physiology and overview of other functions. Vitamin C- Dietary sources, RDA, role in collagen synthesis. The B Complex vitamins- Dietary sources, RDA. Functions and role in metabolism, Role of Vitamin B12 and Folate in Haematopoiesis and Neurology. Biochemical basis for deficiency symptoms, Hypervitaminosis.

Unit IV: Minerals

(7 Hours)

Minerals: Dietary Sources, RDA. Sodium, Potassium, Calcium, Iron, Chloride, Copper and Phosphorus- Function, metabolism, Excretion, Deficiency, Toxicity, Trace Elements Iodine, Fluoride, Mg, Zn, Se, Chromium, Molybdenum: Function, Metabolism, deficiency, Toxicity and Sources.

2.3 Practical:

Credits: 2

Total Hours: 60

1. Anthropometric identifications for nutrition related diseases, BMR calculation
2. Determination of oxidative stress: TBARS in serum, antioxidant enzymes in hemolysate/plant sources.
3. Estimation of A/E vitamin in serum.
4. Estimation of minerals in drugs/food/serum.
5. Determination of nutritive value of foods.
6. Understanding fortification and supplementation
7. Presentation and discussion on Food as medicine.
8. Group discussion on Nutrient-nutrient and drug-nutrient interactions
9. Case studies on nutritional disorders.

2.4 Essential Readings:

1. Coombs Jr. G. F., (2008). *The vitamins, Fundamental aspects in Nutrition and Health*. Elsevier's Publications. ISBN-13- 978-0-12- 183493-7.
2. Mahan, L.K., Strings, S.E., Raymond, J. (2012) *Krause's Food and Nutrition Care process*. Elsevier's Publications. ISBN: 978-1-4377-2233-8.
3. Rosalind Gibson (2005). *Principles of Nutritional Assessment*. Oxford University Press. ISBN: 9780195171693
4. Tom Brody (1999). *Nutritional Biochemistry* (2nd Ed). Harcourt Braces. ISBN:9814033251, 978981403325.
5. Malik, D., Narayanasamy, N., Vavilala, P., Takur, J., Sinha, N., (2022). *Textbook of Nutritional Biochemistry*. Springer Singapore, ISBN978-981-19-4149-8.

Suggested reading:

1. Devlin, T. M., (2011). *Textbook of Biochemistry with Clinical Correlations*. John Wiley & Sons, Inc. (New York), ISBN: 978-0-4710-28173-4.

3. Keywords

Nutrition, macronutrients, micronutrients, energy balance, nutrient deficiency

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.

**DISCIPLINE SPECIFIC ELECTIVE COURSE – (DSE-7)
MOLECULAR BASIS OF NON-COMMUNICABLE HUMAN DISEASES**

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Molecular Basis of Non-communicable Human Diseases (BCH-DSE-7)	04	02	00	02	Class XII with Science and Biology	Course in human physiology

Learning Objectives

Non-communicable diseases are a diverse group of chronic diseases that are not transferred between individuals. NCDs have long-term health consequences and often create a need for long-term treatment and care. This course is aimed at providing the learner with an understanding of the multiple aetiological factors that lead to NCDs. It will also discuss the molecular and biochemical basis of the symptoms of major NCDs like Cardiovascular disease, Cancer, lifestyle disorders, chronic renal and lung disease. Apart from the major NCDs some other NCDs will also be taught. The practicals will address the diagnostics of some of these NCDs. The course will not only help students get an insight into some aspects of molecular medicine but will also give them some background if they wish to pursue a post-graduation in molecular medicine or any other relevant field.

Learning outcomes

On successful completion of the course students will be able to:

1. Discuss the relationship between lifestyle and noncommunicable diseases.
2. Analyze the various molecular and biochemical interactions that contribute to the cause of NCDs.
3. Explain the networking between different endogenous and exogenous factors that contribute to NCDs burden.
4. Describe specific biomarkers that can be used to diagnose a disease or Disorder.
5. Perform tests of various diagnostic parameters that are used to identify NCDs.
6. Discuss the disease burden in today's urban society and also understand the wide spectrum of symptom diversity that occurs in such diseases through case studies.

SYLLABUS OF DSC-7

BCH-DSC-7 : MOLECULAR BASIS OF NON-COMMUNICABLE HUMAN DISEASES Semester – VI

2.2 Course Contents

Theory (Credits – 2)

Total Hours : 30

Unit 1: Multifactorial complex disorders (10 Hours)

Understanding the definition of multifactorial diseases. Polygenic diseases and the relationship of environmental factors and genetic makeup in the onset of diseases: Polycystic ovarian syndrome, COPD, ARDS, Emphysema, Chronic and acute renal failure, Glomerulonephritis; Cancer: Molecular basis for neoplastic growth, metastasis, and cancer pathology; Cancer immunity; Molecular approaches to cancer treatment: Cervical cancer and preventive vaccine, Biomarkers for early detection of cancer- breast, prostate, hepatic.

Unit 2: Metabolic and Lifestyle disorders (10 Hours)

Obesity and eating disorders like Anorexia nervosa and Bulimia. Diabetes mellitus, Metabolic syndrome and the relationship with hypertension, hypothyroidism and stress. Cardiovascular disorders and Atherosclerosis-defining the broad spectrum of ailments that fall in this category, understanding the factors that contribute to the syndrome, stages of disorder and the management of the condition. Irritable bowel syndrome- biochemistry behind the disorder and the influence of diet, stress and environment on the condition.

Unit 3: Diseases due to misfolded proteins (5 Hours)

Introduction to protein folding and proteasome removal of misfolded proteins; Etiology and molecular basis for Alzheimer's, Prion diseases, Huntington's Chorea, Sickle cell Anemia, Thalassemia.

Unit 4: Monogenic diseases (5 Hours)

Inborn errors in metabolism: PKU, Alkaptonuria, Maple syrup urine disease; Receptor and transport defects: Cystic fibrosis, Long QT syndrome, familial hypercholesterolemia, and clotting disorders (Hemophilia and Deep vein Thrombosis).

2.3 Practicals

Credits: 2

Total Hours: 60

1. Assessment of Obesity and metabolic syndrome
2. Estimation of glycosylated haemoglobin
3. Permanent slides for different types of cancer
4. Diagnosis of Thalassemia / Sickle cell Anemia
5. D dimer test / CRP tests
6. Serum LDH isozymes as a diagnostic tool

7. TropT as a cardiac marker
8. Biomarkers used in cancer diagnosis (virtual)
9. Case Studies on NCDs
10. Role of vaccination in adults to prevent NCDs with age: Group discussion.

2.4 Essential readings:

1. Textbook of Biochemistry with Clinical Correlations (2011) Devlin, T.M. John Wiley & Sons, Inc. (New York), ISBN: 978-0-4710-28173-4.
2. Introduction to Human Physiology (2012) 8th edition; Lauralee Sherwood. Brooks/Cole, Cengage Learning. ISBN-13: 978-1133104544 ISBN-10: 1133104541
3. The World of the cell, 7th edition (2009). Lewis J. Kleinsmith, Jeff Hardin, Gr Wayne M. Becker. ISBN-13: 978-0805393934 ISBN-10: 0805393935.
4. The Cell: A Molecular Approach (2009) 5th ed., Cooper, G.M. and Hausman, R.E., ASM Press & Sunderland (Washington DC), Sinauer Associates, MA, ISBN:978-0-87893-300-6

Suggested readings:

1. Genetics (2012) 6th ed., Snustad, D.P. and Simmons, M.J., John Wiley & Sons. (Singapore), ISBN: 978-1-118-09242-2.
2. Guyton, A.C. and Hall, J.E., (2016) Reed Textbook of Medical Physiology 13th ed., Elseviers India Pvt. Ltd. (New Delhi). ISBN: 978-1455770052

3. Key words:

Non-communicable disease, Lifestyle disorders, cancer, Monogenic disease, Multifactorial disease, Misfolded proteins.

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.

**DISCIPLINE SPECIFIC ELECTIVE COURSE – (DSE-8)
RESEARCH METHODOLOGY**

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Research Methodology (BCH-DSE-8)	04	02	00	02	Class XII with Science and Biology	NIL

Learning Objectives

The main objective of this paper is to provide students with a general introduction to the methodological foundations and tools used in research for an understanding of the ways to identify problems, develop hypotheses and research questions and design research projects. The course will expose students to the range of designs used in research in laboratory, field experiments, surveys and content analysis. It will also provide an introduction to the concept of controls, statistical tools and computer applications used in research. In addition, the course will impart knowledge of scientific writing, oral presentation and the various associated ethical issues.

Learning outcomes

On successful completion of the course students will be able to:

1. Describe the importance of research in knowledge generation.
2. Explain the research process
3. Evaluate the importance of the major quantitative and qualitative research methods
4. Construct an effective research proposal
5. Examine the importance of research ethics
6. Record and analyse data using computer software
7. Prepare a Scientific presentation and article.

SYLLABUS OF DSE-8

BCH-DSE-8 : RESEARCH METHODOLOGY Semester – VI

2.2 Course Contents

Theory (Credits – 2)

Total Hours: 30

Unit I: Introduction to Research

(4 Hours)

Objectives and characteristics of research; significance of research, types of research methods-qualitative and quantitative; basic and applied; descriptive and analytical; various phases of research-problem identification, generation of hypothesis, experimental design, results and discussion. Writing a research proposal-schematic presentation.

Unit II: Basic principles of research design

(8 Hours)

Review of literature using appropriate sources – reviews, patents, research papers, books and e-resources; Significance of controls in research, Types of research designs – exploratory, descriptive, experimental, survey and case study.

Unit III: Statistical tools and Report writing

(12 Hours)

Data collection, analysis and graphical presentation; Sample – types and characteristics; Basic Statistical Tools - Measures of central tendency, Arithmetic mean, Median, Mode, Standard deviation, Co-efficient of variation (Discrete series and continuous series), Correlation, Regression, Multiple Regression, hypothesis testing, P-value, data analysis and interpretation; Report writing, format of publications and presentations-oral and poster.

Unit IV: Scientific conduct and ethics in Research

(6 Hours)

Biosafety and Ethics - compliance and concerns; Plagiarism-Software tools and Creative Commons; Introduction to Intellectual Property Rights; Citation and acknowledgement, Impact factor, h-index, Indian and international funding agencies.

2.3 Practical:

Credits: 2

Total Hours: 60

1. Citation formats and citation generator
2. Plagiarism tools
3. Design of a research survey on a specific problem
4. Writing a concept note / research proposal
5. Writing of a mini-review paper
6. Systematic review, meta data analysis and presentation
7. Poster/oral presentations

2.4 Essential readings:

1. Cresswell, J. (2009) *Research Design: Qualitative and quantitative Approaches* Thousand Oaks CA, (3rd ed.), Sage Publications
2. Kothari, C.R. (2004) *Research Methodology: Methods and Techniques* (2nd ed.), New Age International Publishers.
3. Kumar, R. (2011) *Research Methodology: A Step-by-Step Guide for Beginners* (5th ed.), SAGE publisher
4. Walliman, N. (2017) *Research Methods: The Basics*, (2nd ed.), London; New York: Routledge
5. *WHO (2001) Health Research Methodology – A Guide for Training in Research Methods.*

3. Keywords

Research methodology; Patents; Plagiarism; Ethics; Biosafety; Report writing

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